

Ocean

SPA & FITNESS



- In our new 550 m2 luxury OCYAN SPA & FITNESS varieties of treatments and services are offered under the supervision of professional therapists. Our clients can treat themselves with some of our THALION a La Carte Treatments or specially designed spa packages, all of which are tailor made to suit client's individual needs.
- Our Ocyan Spa & Fitness includes:
 - Eight Spa Treatment Rooms
 - Gym & Fitness Area
 - Heat Experience Area with Male/Female Saunas, Herbal Steam Bath and Jacuzzi
 - Beauty & Hair Dressing Salon.
 - Relax area
 - Changing Rooms
- Variety of treatments for Face & Body, different kind of Massages, Yoga classes and many others can be selected from our Spa Menu. Our professional Beauty Therapist will help you to choose your specific treatment, ritual or package for Relaxing, Antiaging, Slimming or Pampering.

Body Treatments

Face Treatments

Thalissens Rituals

Massages

Beauty & Hair

Heat Experience

Gym & Spa Membership



Body Treatments

THALION
CRÉATEUR DE COSMÉTIQUE MARINE

BODY POLISH

Lasting Softness: (30 min 35€)

Rejuvenate your body with this Gentle Exfoliation which softens the skin with Sea salt crystals to remove impurities.

Exfoliating Scrub with Essential oils: (30 min 35€)

A treatment for the whole body with a creamy peeling to eliminate dead cells and refine the skin with peppermint, sage and clove.

WRAPS

Beneficial Marine Mud: (55 min 60€)

A 100% natural mud with purifying and mineralizing benefits in addition to the detoxifying action. This treatment is suitable for everyone! It helps improve blood circulation, eliminate toxins leaving the skin cleansed and toned.

Spirulina Firming Wrap: (55 min 60€)

A sculpting and antiaging treatment specially designed to re-densify the figure and firm the contour. A pasty textured wrap for the whole body or specific areas to treat, reinforce the radiance and regenerate the tissues of the skin. Perfect after conditions such as weight loss or pregnancy.

Toned Legs: (30 min 35€)

Dedicated to decongest and refresh the heavy legs, offers immediate relief and leaves a sensation of lightness.

SLIMMING

Triple Action: (55 min 65€)

This triple – action treatment offers a comprehensive slimming solution to sculpt, detox and firm the body. A full exfoliation followed by a complex of seaweeds body mask.

Cellu Contour: (60min 70€)

This anticellulite intensive treatment focuses on the type of cellulite for each body in order to customize all the products during the treatment. Using a unique sculpting technique to eliminate the problem and sculpt the body contour.

Express Slimming: (40 min 50€)

A Thalion innovation with Slimming Pearls which they roll and melt over the skin to deliver their precious content of Caffeine, Menthol and Algoslim to detoxify and help fat loss! It's an express slimming from the first care!

MINERAL THERAPIES

Allow yourself to receive the analgesic and stress relieving effects of the mineral therapies, each one dedicated for a special cause

Calcium: (55 min 60€)

Soothing for Nervous Tensions helps on pain of muscles and Joints.

Magnesium: (55 min 60€)

Recharges the body, helps the well-being and rebalances the Ph.



Face Treatments

Beauty Enhancer: 30 min 35€

A specially designed mini facial to sublimate your skin and bring an immediate radiant touch. Fills up your skin with freshness and beauty

Absolute Hydration: 55min 60€

Perfectly refreshed, the skin regains moisture with the advanced hydrating serum and moisturizing plumping mask. Maximum hydration achieved. Suitable for all skin types.

Extreme Purity: 55min 60€

In this facial all impurities are eliminated after the scrub, the serum with purifying marine acids and the Clarifying Mask which provides fresh and matte skin. Suitable for combination and oily skins in order to rebalance.

Acne Control: 75min 80€

Ideal for Acne Prone Skin, a deep cleansing facial. Through steaming, manual extraction and a specific face mask with enzymatic peel and AHAs this treatment leaves your skin perfectly clean and healthy.

Infinite Gentleness: 55min 60€

A facial designed for all sensitive and reactive skin. This treatment is dedicated to soothe the discomfort of the skin, reduce redness and protect.

Thali White: 55min 65€

A High-Performance Signature Treatment with active brightening Thalasso Ingredients for a flawless complexion. Suitable for pigment discoloration or marks from skin ageing or sun exposure.

Oxygen & Radiance: 60min 70€

Highly concentrated in minerals, trace elements and vitamins, this care boosts the defence mechanisms of all stressed and suffocated skins and protects them against external aggressions. Ideal for the first signs of age.

Lift and Firm: 60min 80€

Designed for skins which present wrinkles and slackening this treatment is patented with active ingredient formulas for a younger looking skin. After this session, wrinkles are plumped from the inside and face contours are redefined.

Ocean Secrets: 90min 100€

An Extra ordinary and Anti-Ageing Global Luxury Facial which comes from the depth of the sea with all the benefits of the trace elements which combines 3 patented active ingredients and 3 Hyaluronic Acids. This treatment includes cleaning and scrub, the Face Gym Lift Massage, Pearls application wrinkle by wrinkle and a peel off mask dedicated to deeply correct the signs of ageing and revive cellular regeneration.

EYE BAR TREATMENT

Eye Lift Expert: 40min 45€

Unique treatment which instantly plumps the eye contour and protects from premature ageing. Real cell booster, it activates the micro-circulation for this delicate area.

THALION FOR MEN

Facial Oxygen Booster: 55min 60€

High-tech treatment dedicated to men combines performance and relaxation for a result that is 100% effective. Includes a back exfoliation, face scrub, massage and a mask. Results: to replenish, tone, energize and firm the skin.

Thali (*sens*)

oceans & marvels





Amazon, Energizing Escape: 120min €135

Thoughts of luxuriant and wild vegetation, fruits and flowers of the jungle, a hot and humid atmosphere, filed with mystery. Includes a welcoming, a full body peeling with rouge de coral, a self-heating energizing body wrap, and a specify massage for anti-stress and energetic action on the whole body.



Polynesia, A relaxing Journey: 120min €135

This Ritual brings to mind a calm and transparent sea, sweet-scented flora, Monoi oil...and bodies caressed by the sun. Includes a welcoming, a full body peeling with Tentation Crystalline Exfoliation with Coconut Smell, a full body wrap, and a relaxing massage for the well-being, calmness and relaxation of the body.



Orient, the detoxifying itinerary: 120min €135

Warm gestures, a ritual designed to eliminate toxins and purify. A feeling of lightness and freedom in the same way as in oriental traditions of purification. Includes a welcoming, a full body peeling with Vent De Sable, an Epices & Algae Body wrap, and an oriental massage with Ocean de Soleil for a body freed of toxins to regain a sublime and soft skin texture.



Asia-The Soothing Escape: 120min €135

One imagines Asia as a land full of beauty and serenity. Start with an enzymatic peeling, continue with a choice of a foamy body wrap cream or unctuous bath wax and finish with an exquisite modelling oil body massage



Atlantic Revitalizing Dive: 12min €135

The sea of the Atlantic Coast and its nutrients are interpreted in amazing and sensory formulas. Begin with a full body exfoliation followed by the Remineralizing body wrap powder and end with a full body massage with modelling cream.

- **Anti-Jet Lag Illuminating Facial: 45min €60.00**

The sensory ritual for a healthy glow. Focus on sensations and not technical aspect to offer universal care on all skin types & unisex. Immediate anti-fatigue effect, ideally after a long trip and a glowing result



Massages

Relaxing massage: 55min €70

This light to medium pressure full body massage relaxes your entire body.

Deep Tissue Massage: 50min €75

Strong Deep and intensive massage techniques relieve tightness and tension from the muscles.

Aromatherapy massage: 65min €85

Relaxing full body massage with essential oils of your choice.

Anti-Stress back massage: 25min €35

Helps to relieve stress. Is used to establish balance, but also to remove tension and painful conditions.

Anti- cellulite massage: 35min €45

The Anti-cellulite massage drastically improves the appearance and health of your skin. Also stimulates the blood circulation and the lymphatic system.

Indian Head Massage: 35min €50

Head, face, neck and shoulder massage.

Reflexology: 40min €50

An ancient natural therapy that concentrates on the sole of the feet.

Hot Stone Massage: 65min €85

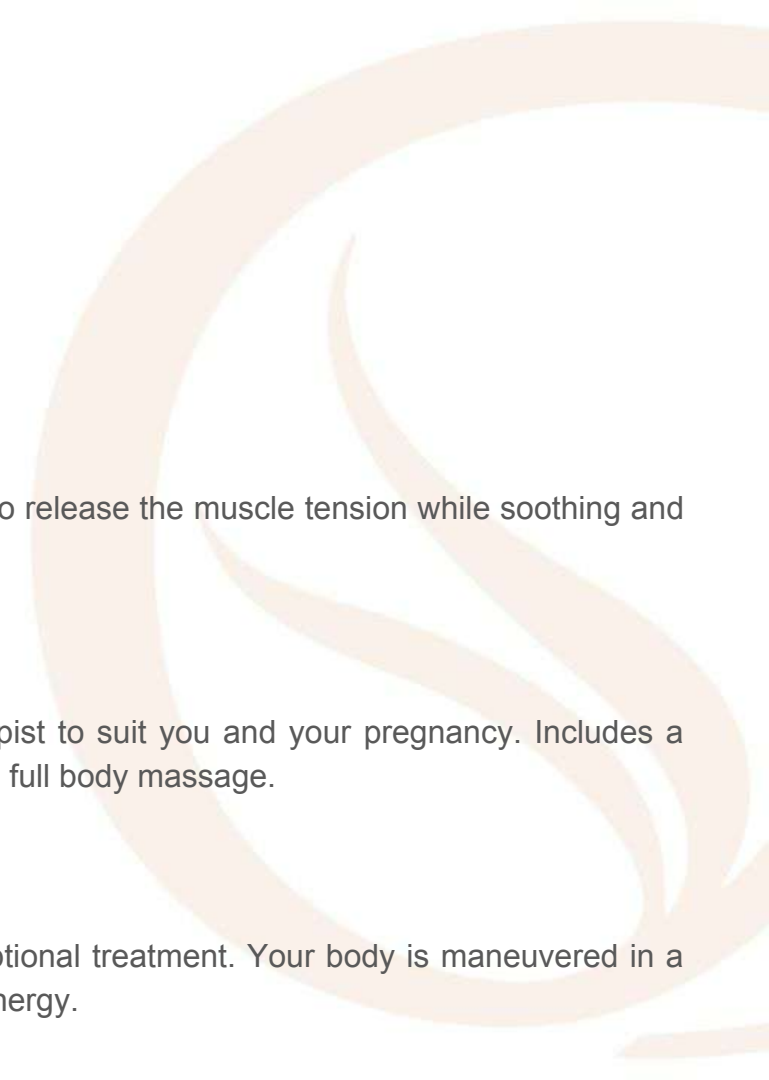
The stones are applied to the body with specialized massage movements to release the muscle tension while soothing and balancing the mind body and soul.

Pregnancy Massage: 60min €60

Ideal from three months onwards. This treatment is adopted by the therapist to suit you and your pregnancy. Includes a refreshing aromatic footbath, feet aromatic scrub, hot towels and a soothing full body massage.

Thai massage: 60min €95

Embark on an exotic journey to the Far East and experience a truly exceptional treatment. Your body is maneuvered in a series of yoga like stretches improving your flexibility and increasing your energy.



A close-up photograph of a woman's face, focusing on her eyes, nose, and lips. Her eyes are closed, and she has a serene expression. Her lips are painted with a vibrant pink lipstick. The background is a soft, out-of-focus white. A teal banner with rounded ends is positioned horizontally across the middle of the image, containing the text "Beauty & Hair" in white.

Beauty & Hair

BEAUTY FOR HANDS AND FEET

- **Express Manicure: 25±min €20**
 - Your basic essentials, shaping of the nails, cuticle work and a glamorous classic polish to finish.
- **Luxury Manicure: 45±min €35**
 - Begin with an aromatic mineral soak, followed by a hand peeling to soften the hands. Nails and cuticles are pampered and cared for, a luxurious hand mask is applied and as you relax your hands and arms are massaged. For the ultimate indulgence a glamorous classic polish to finish.
- **Spa Pedicure: 60± €50**
 - A pampering foot delight, indulge in a refreshing aromatic footbath. Relax as your feet are buffed with a natural scrub which soothes the soles of your feet followed by a conditioning foot mask that grants you a feeling of renewed freshness. Tired and aching feet are massaged and a glamorous classic polish to finish.
- **Semi-Permanent Polish: 20± +€15**
- **French Polish: +15min €5**

HAIR REMOVAL & TINTING

- Full leg, bikini line, underarms & upper lip **60min €50**
- Full leg, full bikini wax **45min €40**
- Full leg wax **30min €25**
- Back and chest wax **30min €25**
- Full bikini wax **20min €20**
- Half leg OR Arm wax **20min €20**
- Bikini line OR underarm wax **10min €15**
- Upper lip and chin wax **10min €10**
- Eyebrow Shaping or Tinting **15min €20**
- Eyelash Tinting **15min €20**
- Eyebrow Makeover (Shape & Tint) **30min €30**

HAIR & MAKE UP SERVICES

Styling:

- Shampoo & Blow-dry Short Hair **25min €20**
- Shampoo & Blow Dry Long Hair **40min €25**
- Up Dos **30min €40**
- Wedding Hairstyle **60min €70**
- Braids **€5 Each**

Color:

- Color Roots **45min €40**
- Color Roots to Ends **60±min €50**
- Highlights or Balayage **90±min €90**

Hair Cut:

- Hair Cut Ladies **30±min €30**
- Hair Cut Men **20±min €20**

- Day Make Up **30±min €30**
- Bridal- Special Occasion Make Up **40±min €50**
- Bridal Package: Hair & Make Up **120±min €110**

A photograph of a wooden sauna interior. The walls, ceiling, and benches are made of light-colored wood. There are two windows with wooden frames. A teal banner with white text is overlaid across the middle. In the foreground, there is a wooden box filled with dark stones, and a small wooden basket sits on a bench.

Heat Experience

Sauna Benefits

The effects on the body from sauna use may have some potential health benefits. Increased circulation may help reduce muscle soreness, improve joint movement, and ease arthritis pain. The heat in a Sauna may also promote relaxation, which can improve feeling of well-being.

Steam Bath Benefits

The most common benefit of steam bath is relaxation. It gives a soothing effect to your body and mind, thereby reducing stress levels and tension. It gives relaxation to your muscles and joints and hence preventing you from different encounters like arthritis and other joint pains. You surely must have experienced sweating while taking this bath.

- Sauna Male / Female **15 Mins – €20**
- Steam Bath **15 Mins – €30**
- Jacuzzi Bath **10 Mins – €10**
- Sauna + Steam Bath & Jacuzzi **60 Mins – €50**

NOTE: Please Follow Rules & Safety Precautions Before Using Sauna & Steam Bath



Gym & Spa Membership

MEMBERSHIP	OCYAN SPA MEMBERSHIP		OCYAN GYM PLUS MEMBERSHIP		OCYAN GYM MEMBERSHIP	
	SINGLE €	COUPLE €	SINGLE €	COUPLE €	SINGLE €	COUPLE €
ANNUAL	1.040,00	1.875,00	620,00	1.100,00	500,00	950,00
SIX MONTHS	530,00	955,00	325,00	585,00	265,00	500,00
THREE MONTHS	275,00	495,00	170,00	310,00	140,00	260,00
ONE MONTH	95,00	170,00	60,00	110,00	50,00	95,00

OCYAN SPA MEMBERSHIP

1. One free of charge 30 min Spa Treatment of your choice per month.
2. All holders of Spa Membership are entitled to a 10% discount as follows:
 - a. On all spa treatments, spa packages, retail products and hairdressing Salon Services
 - b. On "All Inclusive" Hotel Day Pass
3. Free use of Gym, Sauna, Steam Bath, Jacuzzi and Changing Rooms
4. Guest invited by members to use Ocyan Spa & Fitness Center Facilities are entitled same discounts as mentioned above

Notes: The above discount cannot be combined with any other special offer or promotion/sales. Steam Bath, Sauna and Jacuzzi can be used twice a week.

OCYAN GYM PLUS MEMBERSHIP

1. All holders of Gym Plus Membership are entitled to a 10% discount as follows
 - a. On all spa treatments, spa packages, retail products and hairdressing salon services
 - b. On All Inclusive Hotel Day Pass
2. Free use of Sauna, Steam Bath, Jacuzzi and Changing Rooms
3. Guest invited by members to use Ocyan Spa & Fitness Center Facilities are entitled same discounts as mentioned above

Notes: The above discount cannot be combined with any other special offer or promotion/sale. Steam Bath, Sauna and Jacuzzi can be used twice a week.

OCYAN GYM MEMBERSHIP

1. All holders of Gym Membership are entitled to a 10% discount as follows:
 - a. On all spa treatments, spa packages, retail products and hairdressing salon services
 - b. On All Inclusive Hotel Day Pass
2. Free use of Changing Rooms
3. Guest invited by members to use Ocyan Spa & Fitness Center Facilities are entitled same discounts as mentioned above

Notes: The above discount cannot be combined with any other special offer or promotion/sale.